

# Aesthetic Treatments

Dr Sarah Burns provide a comprehensive, non-surgical cosmetic and anti-ageing treatment service. With a wealth of expertise in both conventional and cosmetic treatments for both the face and body, combined medical and dental training and further postgraduate specialisation as an aesthetic practitioner will give you the reassurance that you need to undertake the treatment of your choice, safe in the knowledge that you are being treated by an experienced, confident and highly qualified, regulated practitioner.



**sarahburns**  
ORTHODONTICS

## Dermal Fillers

As we age, the repeated use of our underlying facial muscles and a decrease in the skin's natural elasticity results in permanent creases or wrinkles. This can cause the face to appear older and may not reflect the inner youthful spirit. If you are unhappy with these facial wrinkles, creases or folds, then Restylane® and Botox® may be for you. Such safe, virtually painless, highly effective and long lasting treatments aim to give you a softer more youthful appearance, so that you can look the age you feel.

## Restylane®

### What is Restylane®?

Restylane® is a bio degradable, non-animal based hyaluronic acid gel. Hyaluronic acid is naturally produced in our bodies to provide elasticity and volume to the skin. Unfortunately levels of hyaluronic acid deplete as we age. During treatment with Restylane® the clear gel is injected into the skin or lips with a very thin needle. Restylane® provides natural volume which softens/removes unwanted lines.

### What areas can be treated?

Restylane® products including perlane are suited for any undesirable facial lines. For lips it can provide fullness, define the border or reduce 'smokers lines' around the mouth. A common area is also the lines from the nose to mouth. Restylane® can also improve a 'sad mouth' appearance.

### Is treatment painful?

Treatment using Restylane® can be uncomfortable. To prevent this an anaesthetic cream on the skin is used to reduce discomfort but for a total pain-free treatment a simple local anaesthetic (*like a dental injection*) is offered for treatment if desired.

### How long will it last?

Treatment usually lasts for 6-9 months. It is not permanent. How long a treatment lasts is variable and depends on your lifestyle and muscle activity. Most patients choose to have a follow up treatment between 6-12 months after the initial procedure.

### Are there any potential complications?

Restylane® is extremely safe. After injection some common injection related reactions may occur: swelling, redness, pain, itching and tenderness. These usually resolve spontaneously within 2-3 days after injection in the skin, and within a week after injection to the lips. You may initially feel some firmness in the area treated, this will soften over subsequent weeks. Other types of reaction are rare.

### What about Perlane, Touch, Lipp, and Vital Products?

All of these are variations of Restylane® so are all composed of the non-animal based hyaluronic acid gel. The difference is in the molecular structure. Some gels have more flexible/stronger bonds than others. During the consultation the most appropriate product will be suggested depending on areas to be treated.



PRICE LIST	
<b>Botox®</b>	
One area	£200
Two areas	£270
Three areas	£320
<b>Restylane®</b>	
0.5ml (half syringe)	£200
1.0ml (full syringe)	£300
For additional treatments £250 per ml	
<b>Restylane® Vital</b>	
3 month course	£450
<b>Sculptra™</b>	
1st treatment	£400
2nd treatment	£350
3rd treatment	£300
A deposit of £250 is required 2 days before each Sculptra™ treatment	
<b>TCA Skin Peel</b>	
Single Peel	£60
Course of 4 peels	£200

For more information on any of the available treatments or to book a **free** consultation please call **020 8940 9400** or **07704 742774**

### Contact us

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